

POST-OPERATIVE PATIENT INFORMATION EYE REMOVAL SURGERY

Name: _____
 You have had _____

 Performed on date | |

WE WOULD LIKE TO SEE YOU
 BACK IN OUR OFFICE NEXT
 WEEK. date | |
 If you do not already have an appointment please call (713) 795-0705.

50 % of the outcome from your surgery depends upon you and the care that you take of your wounds. Your part is VERY important and determines how much you bruise and how quickly you heal. Here are some reminders:

1 Perform no heavy lifting, bending with your head below your heart, straining, or nose blowing for 10-14 days -- nothing that will turn your face red with exertion. Bend your knees, not your back to stoop.

2. For 48 hours, keep your head elevated (at night use 2-3 pillows) and refrain from drinking hot liquids.

3. Put an old towel over your pillow, in case your wound(s) leak a little blood during the first night. It is normal for your bandage to soil, but blood should not be dripping regularly from beneath your dressing.

4. Keep your bandage on TIGHT. Do not remove it. Your doctor will remove the dressing when he sees you next week. If the dressing loosens before your return visit, reapply it or contact us at once. Remember, the tighter your bandage, the less swelling and bruising you will have and the faster your recovery will be.

5 It is normal for swelling to worsen for the first 2 days, especially the first and second mornings after surgery.

6. You may bathe in a tub, but keep your dressing dry, or it will loosen and come off.

7 You will be given a tube of antibiotic ointment. Keep it, as you will use it after the bandage is removed in one week.

8. Resume all of your usual medications except aspirin, Motrin, Advil, and ibuprofen. If you need to take a pain medication, please use Tylenol for the first week. If that is not enough, we have provided you with another prescription. Expect some degree of discomfort for the first 2-3 days, but each day will get better and better.

9. Once your bandages are removed, you will have a clear conformer in your socket until your hand-painted eye is ready at 4-6 weeks. At all times, you must keep something (either the clear conformer or your prosthetic eye) in your socket. Do not leave your socket empty for even a matter of hours.

10. You have also been given the following medications:

- Antibiotic by mouth
- Pain medication as needed
- Nausea medication as needed

Please contact us at (713) 795-0705 if you develop:

Continued Bleeding beyond 24 hours

Excessive Bleeding

Increasing Pain

Milky, Yellow, or Green Discharge From Your Wound(s)

Increasing Swelling After 48 hours

Fever (oral temperature greater than 100 degrees)

Other Serious Concerns